



[Your Name]
[Your Address]
[City, State, ZIP Code]
[Your Email]
[Your Phone Number]
[Date]

[HR Manager's Name]
[Company Name]
[Company Address]
[City, State, ZIP Code]

Subject: Advocating for Menstrual Product Accessibility in the Workplace

Dear [HR Manager's Name],

I am writing to advocate for the inclusion of free menstrual products in workplace restrooms as a necessary step toward fostering an equitable and supportive work environment. Menstruation is a natural biological process, and ensuring access to essential hygiene products helps create a workplace where all employees can feel comfortable and focused.

Currently, many employees face disruptions and discomfort due to the unavailability of menstrual products at work. Just as our company provides soap, toilet paper, and other hygiene necessities, menstrual products should be readily accessible to those who need them.

I urge [Company Name] to consider the following:

- Stocking restrooms with free tampons and pads.
- Promoting a workplace culture that normalizes and supports menstrual health.
- Implementing flexible policies for employees experiencing menstrual-related discomfort.

Providing these resources would demonstrate [Company Name]'s commitment to inclusivity and employee well-being. I would love the opportunity to discuss this proposal further and explore possible implementation strategies. Thank you for your time and consideration.

Sincerely,
[Your Name]

**Feel free to BCC us at hello@thepupaproject.org. We would love to support you
or offer any advice.**